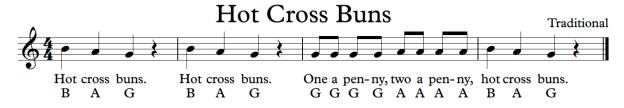
Hot Cross Buns

Introduce Hot Cross Buns

See Video Lesson 11

Hot Cross Buns: Sing Words

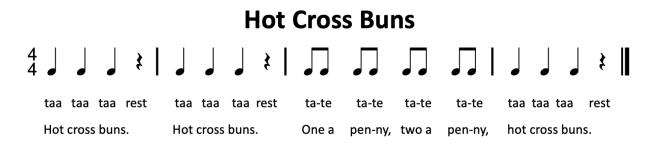
The teacher sings Hot Cross Buns.



- The teacher says "1-2-Ready-Sing" and the students will sing Hot Cross Buns with the teacher.
- The teacher will tell students what *Hot Cross Buns* are. *Hot Cross Buns* are a hot roll with a cross of frosting on top traditionally eaten during Easter.

Hot Cross Buns: Clap Rhythm Names while Singing Melody Sounds

• The teacher will write the visual below on the board and will say and clap the rhythms using "taa", "ta-te" and "rest".



- The teacher points to the rhythm on the board and says "1-2-Ready-Clap" while the students say and clap the rhythms.
- The teacher will sing the words to Hot Cross Buns and while clapping the rhythms.
- The teacher points to the rhythm on the board and says "1-2-Ready-Sing" while the students sing *Hot Cross Buns* while clapping the rhythms.

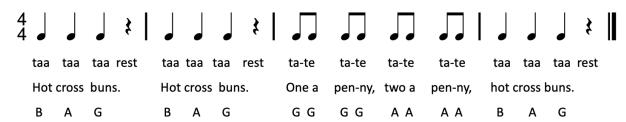
Playing Hot Cross Buns on the Recorder

See Video Lesson 12

Sing, Clap and Play with BAG on the Recorder

- The teacher will clap and sing the B, A, G letter names from the board.
- The teacher will point to the letter names on the board and says "1-2-Ready-Sing" while the students sing and clap the B, A, G letter names.

Hot Cross Buns



Hot Cross Buns: Singing and Playing B, A, G on the Recorder

- The teacher will sing the B, A, G letter names and hold the recorder in the ready position while showing fingering positions. **No Blowing**
- The teacher points to the letter names on the board and says "1-2-Ready-Sing" while the students sing and hold the recorder in ready position while showing the B, A, G fingering positions.
- The teacher plays Hot Cross Buns for the class.
- The teacher says "1-2-Ready-Play" and points to the board while the students hold the recorder in the position and play *Hot Cross Buns*.

Hand Position for B A G







B A G

Hot Cross Buns: B, A, G Teamwork

- The teacher divides the class into 2 groups: Group 1 and Group 2. Group 1 plays Hot Cross Buns and Group 2 listens. The students will listen for beautiful sounds and everyone playing together as a group.
- The teacher asks 1-2 students in Group 2 to share what they heard. The students will talk about it as a class.
- Group 2 performs Hot Cross Buns and Group 1 listens.
- The teacher asks 1-2 students in Group 1 to share what they heard. The students talk about it as a class.
- The whole class performs Hot Cross Buns together.

Introduce Music Staff and B, A, G on the Staff

See Video Lesson 13

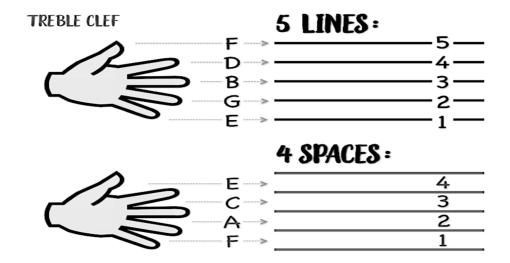
The teacher will draw 5 line music staff on the board with treble clef.



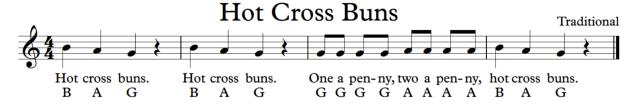
- The teacher will share with the class that the staff has 5 lines and four spaces and will number the lines and spaces.
- The teacher will introduce and demonstrate the hand staff while numbering the lines and spaces. The students will practice and say the numbers and letter names of the lines and spaces.

The teacher will connect the hand staff to 5 line music staff on the board.

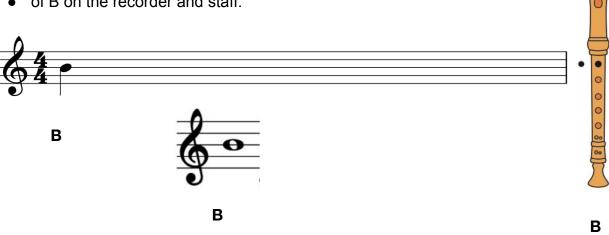
Hand Staff: 5 Lines and 4 Spaces



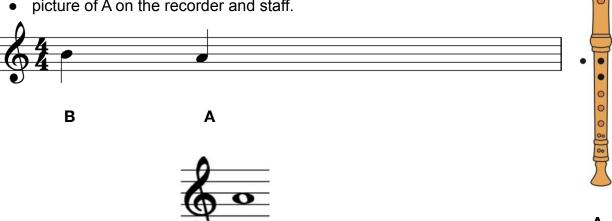
The teacher will follow the Hot Cross Buns music process for writing the rhythms and notes on the board for the teaching sequence below.



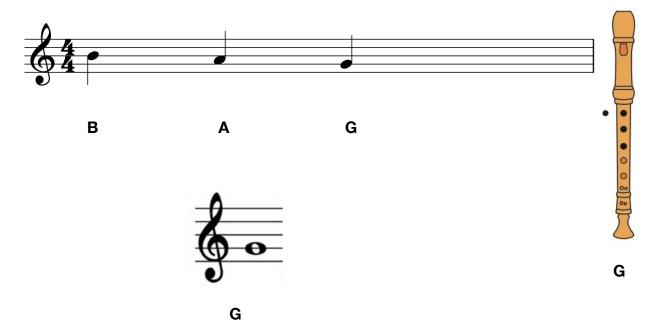
- The teacher asks students to locate B on their hand staff.
- The students locate B on their hand staff
- The teacher writes B on the 3rd line of the music staff and shows a picture
- of B on the recorder and staff.



- The teacher asks students to locate A on their hand staff.
- The students locate A on their hand staff.
- The teacher writes A in the 2nd space of the music staff and shows a
- picture of A on the recorder and staff.

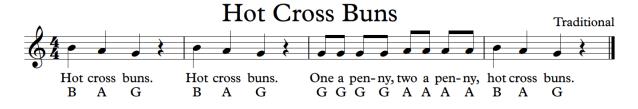


- The teacher asks students to locate G on their hand staff.
- The students locate G on their hand staff.
- The teacher writes G in the 2nd line of the music staff and shows a picture of G on the recorder and staff.



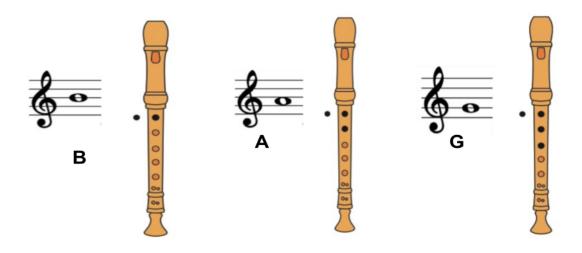
Hot Cross Buns: Completes Song on the Music Staff with B, A, G

- The teacher sings the words to *Hot Cross Buns* while touching B, A, G's melody on the hand staff.
- The teacher says "1-2-Ready-Sing" while the students sing the words to *Hot Cross Buns* and touch the B, A, G melody on their hand staff.
- The teacher sings the letter names of *Hot Cross Buns* while touching B, A, G's melody on the hand staff.
- The teacher says "1-2-Ready-Sing" while the students sing the letter names of *Hot Cross Buns* and touch the B, A, G melody on their hand staff.
- The teacher sings the letter names of *Hot Cross Buns* while showing the finger position on the recorder in the ready position. (There is no blowing).
- The teacher says "1-2-Ready-Sing" while the students sing the letter names of *Hot Cross Buns* while showing the finger position on the recorder in the ready position. (There is no blowing).
- The teacher plays *Hot Cross Buns* on the recorder.
- The teacher says "1-2-Ready-Play" while the students play Hot Cross Buns on the recorder.



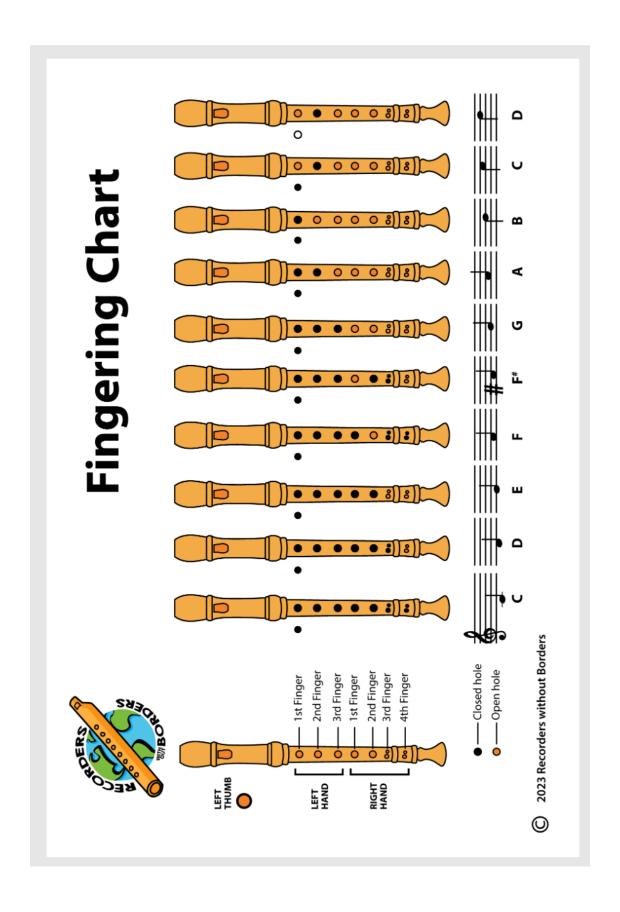
- The teacher finishes writing Hot Cross Buns on the staff board for students.
- The teacher says "1-2-Ready-Sing" and leads the students in singing "Hot Cross Buns" while the teacher and the students point to B, A, and G on the hand staff.
- The teacher and students sing *Hot Cross Buns* melody while replacing the words with B, A, G as the teacher points to the notes on the music staff.
- The teacher points to the notes on the music staff while the students sing B,A, and G while holding recorder in the ready position and showing fingering positions. (No Blowing)
- The teacher says "1-2-Ready-Play" while the students play *Hot Cross Buns* in the playing position. The teacher points to the notes on the staff as students play.
- The teacher shows recorder fingering charts and music staff notes for B, A, G.

Recorder Fingering Chart and Music Staff Notes for B, A, G



Recorder Teaching Extension

The teacher will follow the same step by step process presented in this Recorders without Borders *Companion* in order to learn, teach, and play all other rhythms and notes on the recorder. A complete Recorder Fingering Chart is provided on the following page. This chart can be enlarged and placed on a wall for students to practice.



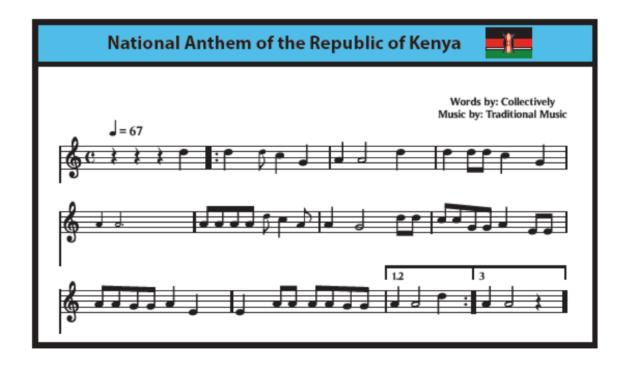
Conclusion

This *Companion* to the Jomo Kenyatta *Foundation Foundation Music Series* has presented a sequential approach to teaching musical concepts and how to play the recorder. The contents are based on our professional music teachers' education and years of classroom teaching as well as our experience teaching workshops in Kenya since 2015. Using our Chapter on Hot Cross Buns as a model, teachers can expand their song list to other songs using B, A and G. Using our methodology in teaching notes, B, A, G, and then referencing our Fingering Chart in conjunction with the *Foundation Music* Books, Grades 4, 5 and 6, teachers can continue to grow their expertise and musical skills. We have provided a selection from Grade 4, *Mary Had a Little Lamb* which uses B, A, G. Give it a try! You can teach recorder!

Happy Music Making!

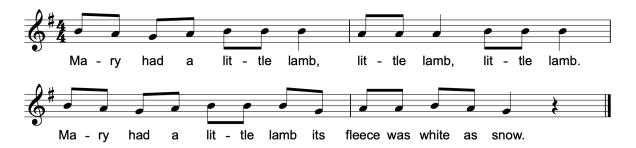
Recorders without Borders

Supplemental Songs



Mary Had a Little Lamb

(from Foundation Music Grade 4)



Kanyoni Kanja (from Foundation Music Grade 1)

